

What is HELP?

We are a local charitable service offering support across the Harrogate district.

We work with volunteers to support you with:

- Transport for essential journeys
- Practical tasks around the home
- Information and signposting
- Ad hoc social activities

Who do you HELP?

We are here for anyone living independently in the Harrogate district who wants to maintain or develop their local support network.

How do I arrange HELP?

You can contact us directly in the ways shown. Alternatively, a relative, friend, GP or support service can contact us on your behalf.

Get in touch

Mon-Fri, 9am – 4pm
Community House
46-50 East Parade
Harrogate, HG1 5RR
01423 813090
help@hadca.org.uk

If we're not in when you call, please leave your name and number on our answerphone and we will call you back.

Donate at



Find us on



HELP is a service provided by:
Harrogate & Area Council for Voluntary Service Limited
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Registered Charity No. 1144758, Company No. 7760477



How can we HELP?

Reliable, trusted support to help you live safe and well at home



help@hadca.org.uk

www.helpharrogate.org.uk

01423 813090



Help at Home

Our long-established service can help you with practical tasks such as:

- Annual garden tidy (spring/summer only)
- Giving walls a fresh lick of paint
- Basic DIY and small repairs
- Odd jobs

We can also help with small jobs that you may struggle with including: moving a bed, changing a light bulb, taking items to the tip or putting up a shelf. We do **not** undertake cleaning, electrical or plumbing work.

How much will it cost?

You pay for any materials we use. We also request a voluntary contribution towards our costs. We will discuss this amount with you before we begin the work.

How long will I have to wait?

Our waiting times vary; however, we will get to you as soon as we possibly can. We will call you beforehand to arrange a convenient time.



Driving Force

Our voluntary car drivers offer you door-to-door transport for non-urgent journeys to:

- Medical appointments both locally and further afield
- Day centres and lunch clubs
- Shops and other essential trips
- Social and community-based activities

Who can use the service?

We are here for residents in Harrogate, Knaresborough, Ripon and the surrounding areas who cannot access transport due to mobility and/or location.

How much does it cost?

Our drivers give their time for free. You pay them £0.45 per mile on the day towards their vehicle running costs plus a £1 booking fee per journey.

Will I be guaranteed a journey?

Journeys are subject to volunteer driver availability. You must request your journey with a minimum of two working days' notice.



Information & Signposting

If you're not sure where to turn for local support, we're 'Here to HELP' with our information and signposting service.

What can you help me with?

We can let you know about:

- What's on locally
- Help to reduce energy bills
- Sources of financial support
- Support for independent living
- Assisted supermarket trips
- Other support services that may be able to help you

And if we can't help, we can put you in touch with someone who can!

What people say about us

"You are a lifeline to me... I don't know how I would have got through the past year without you"

"You always seem to know the answer. Just brilliant!"